**DRAFT**

CHCDFV009 Establish change promoting relationship with users of family, domestic and sexual violence

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# Modification History

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| --- | --- |
| Release | Comments |
| Release 2 | Minor changes to performance criteria, performance and knowledge evidence. |
| Release 1 | This version was released in CHC Community Services Training Package release 3.0 and meets the requirements of the 2012 Standards for Training Packages.  Minimal changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence.  Supersedes CHCDFV814B |

# Application

This unit describes the skills and knowledge required to establish the user’s willingness to change, confirm the user’s responsibilities and work respectfully with the user to plan and monitor changes. This relationship creates the context for the intervention and is constructed within a framework that promotes user responsibility, accountability, self-agency and direction towards change while maintaining a focus on the safety of others.

This unit applies to workers who operate with significant autonomy in therapeutic professional service roles in the community sector. The activity is self-directed.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand Standards and industry codes of practice.

# Elements and Performance Criteria

| ELEMENT | PERFORMANCE CRITERIA | |
| --- | --- | --- |
| Elements define the essential outcomes | | Performance criteria describe the performance needed to demonstrate achievement of the element. |
| 1. Establish willingness to address violent and abusive behaviour  **DRAFT** | 1.1 Analyse existing case information about the user of family, domestic and sexual violence as the basis for work  1.2 Use questioning techniques and inter-personnel skills to explore how the user understands and locates the responsibility for their violence and abuse  1.3 Encourage the user of violence to recognise the advantages of behaving in ways that are non-violent and non-abusive  1.4 Explore the user’s aspirations for future relationships to examine how their violence undermines fulfilment of those aspirations  1.5 Characterise interactions with the user with respect, honesty and a concern for children and partner safety in accordance with agency/organisation policies and procedures | |
| 2. Establish focus on user’s responsibility for change and conditions for intervention | 2.1 Acknowledge and challenge as the focus for change the user’s understanding of the problems their violent and abusive behaviour cause  2.2 Establish a written contract for the intervention which clearly focuses on the user’s responsibility, the potential for change and the priority of the safety of children and partners  2.3 Clarify and agree on expectations for mutually respectful behaviours and use of language, including challenging by the worker | |
| 3. Use reflective practice to minimise potential for collusion | 3.1 Enact and maintain accountability processes throughout the intervention process  3.2 Recognise, resist and challenge instances provided by the user for collusion  3.3 Examine own practices with the user for their potential to replicate dominant behaviours  3.4 Examine own values and attitudes towards constructions of gender to determine the potential for collusion with the user’s account of their use of violence and abuse  3.5 Maintain processes that ensure gender accountability between workers | |
| 4. Establish respectful and safe practices  **DRAFT** | 4.1 Establish and maintain practices and strategies that are sensitive to the user’s experiences in relation to membership of a minority culture or experiences of injustice  4.2 Acknowledge respectfully the user’s experiences of injustice, victimisations, prejudice or discrimination while ensuring that any attribution of causality or responsibility for abusive practices to these experiences is challenged  4.3 Assist the user to seek and acknowledge evidence of respectful, just and equitable values and practices in their culture | |
| 5. Provide opportunities for the user to plan, initiate and monitor changes | 5.1 Encourage the user to make and implement realistic plans to cease all forms of violent and abusive behaviour  5.2 Provide opportunities for the user to demonstrate their responsible and respectful behaviour  5.3 Encourage the user to establish and maintain active involvement in ongoing networks of support for responsible and respectful behaviour | |

# Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

# Unit Mapping Information

No equivalent unit

# Links

Companion Volume implementation guides are found in VETNet -

Assessment Requirements for CHCDFV009 Establish change promoting relationship with users of family, domestic and sexual violence

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# Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* worked intensively to establish relationships with at least 3 different users of family, domestic and sexual violence to assist them to change, including:
* making a critical assessment of willingness to change
* drafting a written contract for each intervention that clearly focuses on the user’s responsibility, the potential for change and the priority of the safety of children and partners
* monitoring and critically evaluating changes informed by a variety of sources, including:
* the user
* user’s family members
* colleagues
* used the following counselling skills and violence intervention models:
* challenging/confrontation
* negotiation

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* undertaken a structured process of reflection to minimise collusion based on work with 3 users of family, domestic and sexual violence.

# Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

* legal, ethical and safety considerations (national and state/territory) for people affected by family, domestic and sexual violence, and how these are applied in organisations and individual practice
* rights and responsibilities of:
* workers and employers
* individuals, families, the community and society to minimise or prevent family, domestic and sexual violence
* current and emerging family, domestic and sexual violence theory and practice
* gender analysis of family, domestic and sexual violence
* tactics and politics of abuse
* restrictive constructions of masculinity
* theories of change
* types of user responsible and respectful behaviour, including:
* self-responsibility
* self-reliance
* self-confrontation
* separateness/independence from partner
* supervision and debriefing models in community services
* collaborative practice in working with users of family, domestic and sexual violence, including benefits, different models and opportunities
* self-knowledge, including own biases and the potential impact on work practices.

# Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

* use of suitable facilities, equipment and resources, including:
* client information
* organisation policies and procedures
* modelling of industry operating conditions, including:
* scenarios that involve complex interactions and problem solving with other people.

# Links

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