CHC533XX Diploma of Mental Health

# Modification History

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| Release | Comments |

# Qualification Description

This qualification reflects the role of workers who provide person-centred, trauma-informed support to people experiencing mental health challenges or psychosocial disability. These workers may provide counselling, referral, advocacy and community-based health promotion. They apply specialist knowledge of relevant legislation, service systems, and the social determinants of mental health.

To achieve this qualification, the candidate must have completed at least 160 hours of work as detailed in the Assessment Requirements of units of competency.

No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of publication.

# Packaging Rules

Total number of units = 20

* 16 core units
* 4 elective units, consisting of:
* at least 2 units from the electives listed below
* up to 2 units from the electives listed below, any endorsed Training Package or accredited course. These units must be relevant to the work outcome

All electives chosen must contribute to a valid, industry-supported vocational outcome.

### Core units

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| CHCADV005 | Provide systems advocacy services |
| CHCDIV001 | Work with diverse people |
| CHCDIV002 | Promote Aboriginal and/or Torres Strait Islander cultural safety |
| CHCMHS002 | Establish self-directed recovery relationships |
| CHCMHS003 | Provide recovery-oriented mental health services |
| CHCMHS004 | Work collaboratively with the care network and other services |
| CHCMHS005 | Provide services to people with co-occurring mental health and alcohol and other drugs challenges |
| CHCMHS007 | Work effectively in trauma-informed care |
| CHCMHS009 | Provide early intervention, health prevention and promotion programs  |
| CHCMHS010 | Implement recovery-oriented approaches to complexity |
| CHCMHS011 | Assess and promote social, emotional and physical wellbeing |
| CHCMHS012 | Provide support to develop wellness plans and advanced directives |

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| CHCMHS013 | Implement trauma-informed care  |
| BSBINS401 | Analyse and present research information |
| CHCPRP003 | Reflect on and improve own professional practice |
| HLTWHS004 | Manage work health and safety |

### Elective units

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| CHCINM001 | Meet statutory and organisation information requirements |
| CHCAOD001 | Work in an alcohol and other drugs context |
| CHCAOD002 | Work with people who are intoxicated |
| CHCAOD004 | Assess needs of people with alcohol and other drugs challenges  |
| CHCAOD006 | Provide interventions for people with alcohol and other drugs challenges  |
| CHCAOD007 | Develop strategies for alcohol and other drugs relapse prevention and management  |
| CHCAOD008 | Provide advanced interventions to meet the needs of people with alcohol and other drugs challenges |
| CHCAOD009 | Develop and review individual alcohol and other drugs support plans  |
| CHCCCS003 | Increase the safety of people at risk of suicide |
| CHCCCS006 | Facilitate individual service planning and delivery |
| CHCCCS017 | Provide loss and grief support |
| CHCCCS018 | Provide suicide bereavement support |
| CHCCCS028 | Provide person-centred support to people in crisis |
| CHCCDE004 | Implement participation and engagement strategies  |
| CHCCDE006 | Work to empower Aboriginal and/or Torres Strait Islander communities |
| CHCCOM005  | Communicate and work in health or community services |
| CHCCSL001 | Establish and confirm the counselling relationship |
| CHCCSL003 | Facilitate the counselling relationship and process |
| CHCCSL007 | Support counselling clients in decision-making processes |
| CHCCSM004 | Coordinate complex case requirements  |
| CHCCSM013 | Facilitate and review case management  |

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| CHCDEV001 | Confirm client developmental status |
| CHCDEV004 | Confirm developmental status |
| CHCDFV001 | Recognise and respond appropriately to family, domestic and sexual violence |
| CHCDFV006 | Counsel clients affected by family, domestic and sexual violence |
| CHCEDU001 | Provide community-focused health promotion and prevention strategies |
| CHCGMB001 | Assess the needs of clients with problem gambling issues |
| CHCGMB002 | Provide counselling for clients with problem gambling issues |
| CHCLEG001 | Work legally and ethically |
| CHCLLN001 | Respond to client language, literacy and numeracy needs |
| CHCMGT001 | Develop, implement and review quality framework |
| CHCMGT002 | Manage partnership agreements with services providers  |
| CHCMHS001 | Work with people with mental health challenges |
| CHCMHS006 | Facilitate the recovery process with the person, family their support network and carers |
| CHCPRP001 | Develop and maintain networks and collaborative partnerships |
| CHCPWK001 | Apply peer work practices in the mental health sector |
| CHCPWK003 | Apply lived or living experience in mental health peer work |
| CHCPWK006 | Promote and conduct mental health peer work |
| HLTAAP001 | Recognise healthy body systems  |
| HLTENN009 | Implement and monitor care for a person with mental health conditions |
| HLTHPS006 | Assist clients with medication  |
| HLTHPS010 | Interpret and use information about nutrition and diet |
| HLTWHS006  | Manage personal stressors in the work environment |

# Qualification Mapping Information

CHC533XX Diploma of Mental Health supersedes and is not equivalent to CHC53315 Diploma of Mental Health.