CHCAOD006 Provide interventions for people with alcohol and other drugs challenges

# Modification History

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| --- | --- |
| Release | Comments |
| Release 2 | Release 2 is equivalent to release 1. Minor changes to performance criteria, performance evidence and knowledge evidence. |

# Application

This unit describes the skills and knowledge required to confirm, conduct and monitor intervention strategies to address alcohol and other drugs (AOD) challenges.

This unit applies to workers who provide support to people with AOD challenges by delivering and adapting interventions aligned to individual support and recovery plans. Interventions would be ongoing and be conducted under the guidance of a supervisor.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

# Elements and Performance Criteria

| ELEMENT | PERFORMANCE CRITERIA |
| --- | --- |
| Elements define the essential outcomes | Performance criteria describe the performance needed to demonstrate achievement of the element |
| 1. Prepare for intervention | 1.1 Interpret intervention requirements from the individual treatment plans  1.2 Identify and organise support resources required for the intervention  1.3 Tailor and prepare the intervention in line with the person’s needs, preferences, and goals outlined in the support plan. |
|  |  |
| 2. Confirm intervention requirements with the person | 2.1 Describe features of the intervention and how it can be used effectively  2.2 Confirm the person’s understanding of the intervention  2.3 Report any misunderstanding or confusion experienced by the person to a supervisor  2.4 Obtain consent before commencing the intervention |
|  |  |
| 3. Conduct intervention | 3.1 Guide and support the person to participate in the intervention as defined in the treatment plan  3.2 Provide feedback to the person to reinforce their understanding of intervention and progress  3.3 Identify and respond to issues or changes in the person’s needs, and modify the intervention as appropriate within scope and in consultation with supervisor  3.4 Work collaboratively with others and seek assistance when the person presents with needs or signs outside limits of own authority, skills and/or knowledge |
|  |  |
| 4. Monitor and record activities | 4.1 Provide progress feedback to supervisor identifying successes, difficulties and concerns the person is experiencing with the intervention  4.2 Modify intervention strategies to align with the person’s recovery goals and preferences, under guidance from supervisor.  4.3 Clearly document information about the intervention and its progress  4.4 Provide progress feedback to the person  4.5 Identify the need for referral to other services and take action in consultation with supervisor |

# Foundation Skills

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| The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance. |
| Foundation skills essential to performance are explicit in the performance criteria of this unit of competency. |

# Unit Mapping Information

No equivalent unit.

# Links

Companion Volume implementation guides are found in VETNet -

Assessment Requirements for CHCAOD006 Provide interventions for people with alcohol and other drugs challenges

# Modification History

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| --- | --- |
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# Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* planned, conducted and monitored interventions for at least 2 people with AOD challenges as detailed in their treatment plan, using evidence based interventions, at least 1 of which must be motivational interviewing

# Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

* legal and ethical considerations (international, national, state/territory, local) in AOD work, and how these are applied in organisations and individual practice:
* children in the workplace
* codes of conduct
* codes of practice
* discrimination
* dignity of risk
* duty of care
* human rights
* informed consent
* mandatory reporting
* practice standards
* privacy, confidentiality and disclosure, including limitations
* policy frameworks
* records management
* rights and responsibilities of workers, employers and individuals
* specific AOD legislation
* work role boundaries – responsibilities and limitations
* work health and safety
* roles and responsibilities of people involved in the intervention:
* worker – scope of role and boundaries
* the service user
* family and broader support network
* self-help groups
* other services/agencies
* types of information and terminology found in client treatment plan and how to interpret these
* factors that may influence a person’s ability to participate in an intervention
* theoretical frameworks about motivation to change alcohol and/or other drug use
* treatment interventions, and their use, appropriate to AOD and scope of role, including:
* motivational interviewing/counselling
* cognitive behavioural therapy
* detoxification
* relapse prevention
* crisis intervention
* brief intervention
* protective intervention
* techniques for motivational interviewing/counselling, including:
* attending skills, use of body language
* paraphrasing
* reflecting feelings
* open and closed questioning or probing
* summarising
* reframing
* exploring options
* normalising statements
* strategies to support people during interventions
* strategies for managing difficult situations:
* conflict management and resolution
* mediation and negotiation
* types and availability of service to which the person may be referred

# Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must have been met for this unit:

* use of suitable facilities, equipment and resources, including:
* treatment plans
* organisation policies and procedures
* modelling of industry operating conditions, including:
* involvement of people with whom the candidate can interact
* scenarios that cater to a range of settings, including crisis situations

# Links

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