CHCCCSXXX Provide suicide bereavement support

# Modification History

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| --- | --- |
| Release | Comments |
| Release 1 | CHCCCS018X Provide suicide bereavement support supersedes and is equivalent to CHCCCS018 Provide suicide bereavement support.  Major changes to performance evidence. |

# Application

This unit describes the skills and knowledge required to provide support for individuals experiencing bereavement following a suicide. Support is provided within a trauma-informed framework.

This unit applies to workers in a range of community services contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

# Elements and Performance Criteria

| ELEMENT | PERFORMANCE CRITERIA |
| --- | --- |
| Elements define the essential outcomes | Performance criteria describe the performance needed to demonstrate achievement of the element. |
| 1. Identify and respond to the needs of those bereaved by suicide | 1.1 Identify immediate and ongoing resources and processes for support of persons bereaved by suicide  1.2 Take active steps to support early access to services  1.3 Identify and use intervention responses to address elevated suicide risk and increase safety  1.4 Develop and document plans that address the needs of the individual, family and community |
|  |  |
| 2. Engage empathically | 2.1 Interact with individuals using respectful, professional and supportive communication  2.2 Identify and respect social, cultural, ethnic and spiritual differences  2.3 Use verbal and non-verbal communication that responds to the individual’s emotional needs  2.4 Apply trauma-informed approaches to build safety and trust in interactions with individuals bereaved by suicide |
| 3. Care for self | 3.1 Recognise and minimise risks to self associated with grief and bereavement support  3.2 Identify and address the need for supervision and debriefing  3.3 Develop a range of self-care strategies for responding to crisis situations |

# Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

# Unit Mapping Information

CHCCCS018X Provide suicide bereavement support supersedes and equivalent to CHCCCS018 Provide suicide bereavement support.

# Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCCCSxxx Provide suicide bereavement support

# Modification History

|  |  |
| --- | --- |
| Release | Comments |
| Release 2 |  |
|  |  |

# Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* provided support in response to at least 3 different people experiencing suicide bereavement
* used each of the following communication strategies with all 3 people:
* empathic listening
* verbal and non-verbal communication techniques
* providing information clearly and respectfully
* checking understanding through feedback

# Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

* features of loss and bereavement
* specific aspects of suicide bereavement, including:
* features of suicide loss and trauma
* considerations when suicide occurs alongside mental health challenges
* increased risk of suicide and other harm behaviours
* impacts on health and wellbeing
* potential for suicidal ideation and other risk taking behaviours

principles and practices of trauma-informed care and how they apply to suicide bereavement support, including:

safety and trust

empowerment and collaboration

recognition of trauma responses

minimising re-traumatisation

* different approaches to suicide bereavement, their differences and boundaries:
* education
* support
* therapeutic approaches
* suicide prevention and postvention strategies
* types of interventions and how they are used
* role of language and communication
* value of diverse mourning practices and rituals
* impacts of lifespan and developmental stages on suicide bereavement
* self-care strategies and support services for workers
* legal and ethical considerations and how these apply in organisation and individual practice, including:
* duty of care
* privacy, confidentiality and disclosure
* work role boundaries – responsibilities and limitations

# Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

* use of suitable facilities, equipment and resources, including workplace policies, procedures and related documentation
* modelling typical workplace conditions and contingencies, including interactions with people from a range of diverse backgrounds

# Links

Companion Volume implementation guides are found in VETNet -