CHCMHS006 Facilitate the recovery process with the person, their support network and carers

# Modification History

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| --- | --- |
| Release | Comments |
| Release 2 |  |

# Application

This unit describes the skills and knowledge required to work collaboratively with a person experiencing mental health and/or AOD challenges to establish a basis for participation of their support network and carers in the person’s recovery process and to facilitate ongoing participation in line with the person’s needs and wishes.

This unit applies to work with people with mental illness and/or AOD issues.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice

# Elements and Performance Criteria

| ELEMENT | PERFORMANCE CRITERIA |
| --- | --- |
| Elements define the essential outcomes | Performance criteria describe the performance needed to demonstrate achievement of the element. |
|  |  |
| 1. Involve the person, carers and the support network in planning support during recovery | 1.1 Identify benefits and issues related to the person’s support network and carer participation in recovery processes 1.2 Discuss with the person appropriate involvement of the support network and carers 1.3 Work with the person to identify and agree on specific roles and responsibilities and accurately record in the person’s recovery plan1.4 Consult with identified support network, carers and other relevant stakeholders in line with the person’s consent 1.5 Gauge the knowledge, skills and involvement of the support network and carers to identify additional support needs1.6 Provide information, referrals and education to support the needs of the support network and carers, within scope of role1.7 Engage with the person, their support network members and carers to plan appropriate support with the person’s consent1.8 Establish a relationship with the person, their support network and carers within boundaries of own work role1.9 Clarify expectations and provide information to help manage realistic involvement of the support network and carers  |
|  |  |
| 2. Facilitate recovery with appropriate involvement of carers and the support network  | 2.1 Involve support network and carers in the person’s recovery process with the person’s consent and in line with the recovery plan2.2 Maintain relationship with the support network and carers to identify changing needs, within scope of role2.3 Assist the person to identify ways in which their behaviour may be positively or negatively influenced by others2.4 Assist the person to identify how their behaviour may impact their support network and carers |
|  |  |
| 3. Monitor and review involvement of carers and the support network | 3.1 Monitor the involvement of the support network and carers in collaboration ensuring consent and ongoing effectiveness3.2 Monitor potentially negative influences on the person and raise concerns with the support network and carers, as appropriate3.3 Take action to support the wellbeing and safety of self, the person and others3.4 Complete and maintain required documentation  |

# Foundation Skills

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| The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance. |
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| Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.  |

# Unit Mapping Information

No equivalent unit.

# Links

Companion Volume implementation guides are found in VETNet -

Assessment Requirements for CHCMHS006 Facilitate the recovery process with the person, their support network and carers

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# Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

* worked collaboratively with at least 3 different people experiencing mental health and/or AOD challenges, along with their carers and support networks, to facilitate recovery
* used effective communication with both the person and their support network and carers, including
* reflective listening and responding
* development of empathy and rapport
* recognition of non-verbal triggers
* negotiation and conflict resolution techniques

# Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

* legal and ethical considerations (international, national, state/territory and local) regarding participation in planning and recovery, and how these are applied in organisations and individual practice:
* privacy, confidentiality and disclosure
* duty of care
* informed consent
* dignity of risk
* human rights
* discrimination
* mandatory reporting
* codes of practice
* rights and responsibilities of workers, employers and people accessing services
* work role boundaries responsibilities and limitations
* roles of family, carers and other workers
* practice standards
* policy frameworks
* records management
* relevant mental health legislation and its impact on practice
* work health and safety
* values and principles of the mental health sector, including:
* recovery and recovery-oriented practice
* health promotion and prevention
* holistic approaches
* empowerment and disempowerment
* access and equity
* early intervention
* rights
* social justice and inclusion
* citizenship
* principles and practices that underpin participation by people and their support networks in recovery and service provision
* available services and resources for people experiencing mental health and/or AOD challenges, and their support networks and carers

# Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

# Links

Companion Volume implementation guides are found in VETNet -